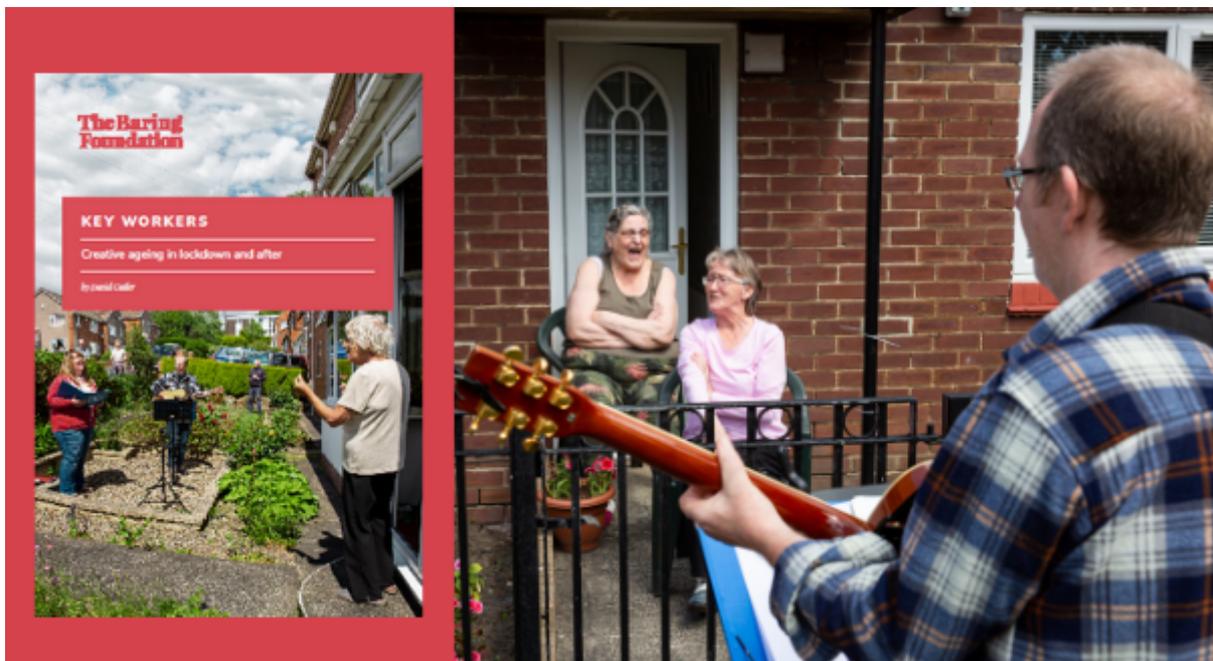


## This issue's highlight



### **Key workers: creative ageing during lockdown and after**

On 23 March, many arts organisations working with older people 'went remote' almost overnight, with most starting from scratch. They provided live creative sessions online, demonstrated activities on YouTube, made up weekly letters and activity packs to post to participants, and delivered sessions by telephone. Many went beyond the creative remit, checking in on participants by phone, raising funds to provide participants with tablets, and delivering food and essentials to those shielding.

Yet, with no return to normal in sight, the vast majority are worried about their financial viability. **This new report from the Foundation** highlights some of the brilliant ways in which arts

organisations have supported the wellbeing of older people during the pandemic – and asks what needs to happen to make sure they can continue to do so.

We will be **hosting a discussion of the report on 11 November at 4pm** (on Zoom of course) - with representatives of creative organisations featured in the report, along with David Cutler (Baring Foundation), Rebecca Blackman (Arts Council England) and Vicki Amedume (Foundation trustee) as Chair.

**Register for a ticket here**

DOWNLOAD THE REPORT



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## Arts and Mental Health

### **BAME inclusion in arts and mental health: call for good practice**

The Baring Foundation is just at the start of what will be a number of years funding arts and mental health and there will be many issues that we will want to try to understand and support. An early one identified by the Foundation is the inclusion of BAME people with mental health problems in creative activities.

We are keen to hear from Arts and Mental Health Organisations with experience engaging participants in programmes where this has been an issue of particular focus. What did you do? Was it about being inclusive – if so what’s your advice to others? Was it about targeted services for a particular community? If so, we would like to hear more.

Responses only need to be short and if you can direct us to further resources whether written or in other formats that would be really helpful. **Any responses should be sent to david.cutler@ing.com by 1st November 2020.**

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Network (SELAN)  
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tinghtSpeaks, Leicester  
 Chamwood Arts, Loughborough  
 Soft Touch, Leicester

**04 Nottinghamshire**

City Arts, Nottingham  
 Nottingham Playhouse  
 Nottingham University Institute  
 for Mental Health

**05 Staffordshire**

British Ceramics Biennial, Stoke-on-Trent  
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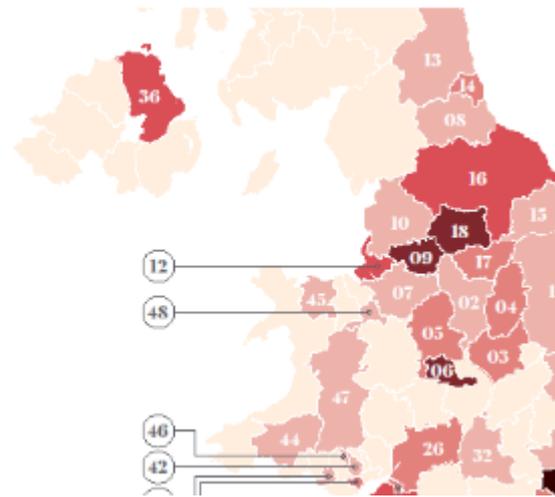
**06 West Midlands**

Birmingham Rep  
 Birmingham Wellbeing Community Choir  
 Geese Theatre, Birmingham  
 The Hearth Centre, Birmingham  
 LouDeemY Productions, Birmingham  
 The Mac (Midlands Arts Centre), Birmingham  
 Quench Arts, West Midlands  
 The Red Earth Collective, Birmingham  
 SAMPAD, Birmingham  
 Women & Theatre, Birmingham

**North East & West**

**07 Cheshire**

Fallen Angels Dance Theatre, Chester



## A directory of Arts and Mental Health organisations

Our first report **Creatively Minded (Jan 2020)** included a list and map of around 170 UK arts and mental health organisations. We've got to hear about many more organisations in this field since then, including through our recent grants round.

We are planning to update and publish this list as a **Directory of Arts and Mental Health Organisations**, which we may update annually, and which we hope might be a useful resource.

If you:

- are an organisation that works creatively with people with mental health problems
- think we might not already know about your work, and
- would like to be included...

please email us! Please provide your organisation's name, a one or two line description of what you do, and the city/county you primarily work in. Please direct emails to  **david.cutler@ing.com**





## Baring Foundation open grants round – an update

Following an open call for applications from arts and mental health organisations in July, in September we made **87 new grants, which can be found here on our website**. The Foundation's Director and Director of the Arts programme **has written a blog about the thinking behind the decision-making**. This was the first round of funding in what we expect to be a long-term commitment to this field.

**Recover**, an upcycling social enterprise based in Hertfordshire, received a grant in this round – and kindly **wrote a blog for us about their work here**.

*Photo: The Recover team*

READ OUR DIRECTOR'S BLOG



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## Green Ribbon Festival Wales – 26 October – 7 November online

We are getting ever closer to the **inaugural Green Ribbon Arts and Mental Health festival in Wales**, hosted by the Mental Health Foundation Wales!

The Festival includes a diverse arts programme (including films, exhibitions, spoken word, hip-hop and more!), panel discussions, networking sessions, and sharing stories from some of the amazing people who are involved in the arts and mental health in Wales.

EXPLORE THE GREEN RIBBON PROGRAMME



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## **Blog: Artists on the frontline – what support is available for artists' wellbeing?**

Practitioner wellbeing in the arts & (mental) health field has rightly become a hot topic, with the impact of COVID-19 on livelihoods making it only more so. We asked a few arts and mental health organisations and practitioners what support they offer or would like to offer.

We also have a list at the end of sources of support/opportunities we are aware of – please do let us know if you are aware of others.

READ THE BLOG



## **Blog: Creating the best possible experience for participants remotely – advice from the field**

We also asked a few arts and mental health organisations how they made the transition from physical spaces to remote. The resulting blog includes a range of useful observations on making online spaces and services safe, social and inclusive, as well as thoughts about integrating new joiners in this situation.

READ THE BLOG



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## Culture, Creativity and Health: Winter Gatherings, 16-20 November 2020

This week-long series of virtual regional events and webinars will run from 16–20 November 2020. It is being co-hosted by the Culture, Health and Wellbeing Alliance and Arts & Health South West.

FIND OUT MORE



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## Arts and Older People



**Please join us for the launch of The Artist in Time – 28 October, 4pm**

What is creativity over a lifetime, and what is creativity now? This event is to celebrate the launch of *The Artist in Time* (Herbert Press, 2020), a book bringing together 20 artists from all media and backgrounds who were born before 1950. **Join us to hear** participants from the book discuss their projects and work of recent months, and their methods and insights on keeping inspired.

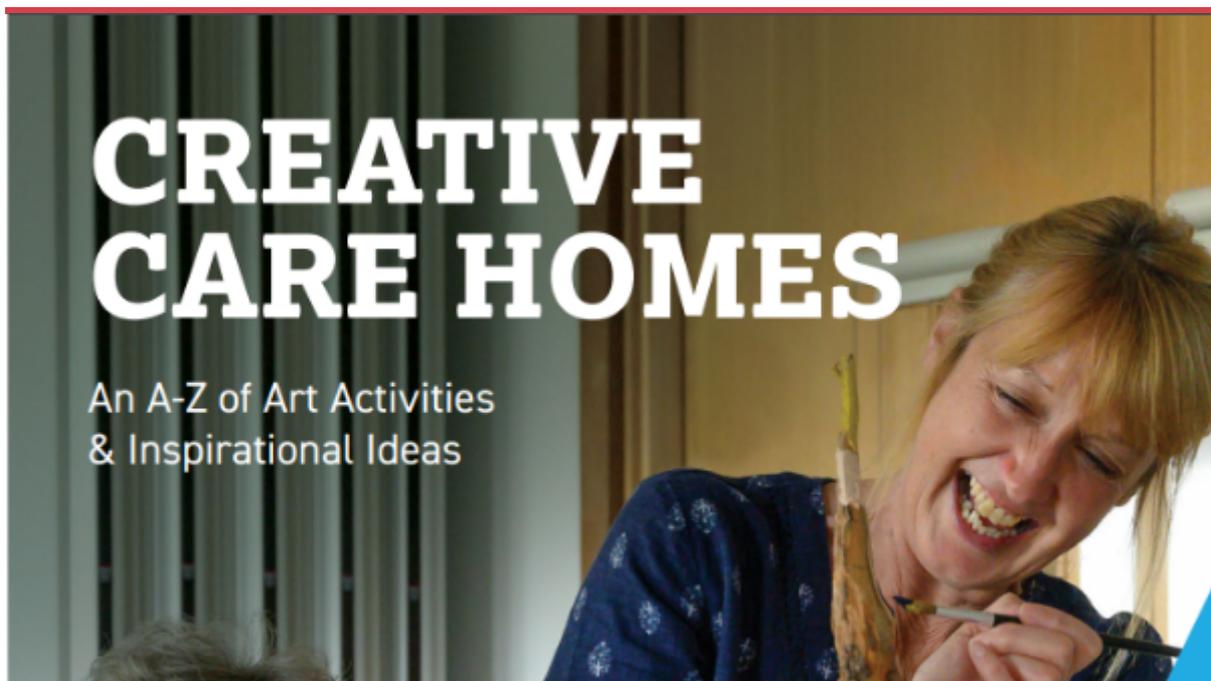
Guests from the book: Margaret Busby, Bisakha Sarker, and John Fox and Sue Gill, joined by the author Chris Fite-Wassilak, photographer Ollie Harrop and the Director of the Baring Foundation, David Cutler.

Plus...

You can read one of the interviews with painter Sir Frank Bowling, recently knighted in the Queen's Birthday Honours **here**.

John Fox and Sue Gill also provided **a lovely activity for Arts in Care Homes Day here**.

REGISTER HERE



## **Paintings in Hospitals: Creative Care Homes activity resource**

Paintings in Hospitals have produced a lovely A-Z of visual arts activities and ideas designed especially for care homes.



## **New Writing South: Hear Us Out Festival, celebrating the stories of older LGBTQ+ people**

From 26 to 29 November, New Writing South are hosting the Hear Us Out festival, with an exciting line-up of performances and discussion celebrating the stories of the older LGBTQ+ community.

The Hear Us Out Festival is the culmination of the Hear Us Out project, supported by the Celebrating Age funding programme run by the Arts Council England and the Baring Foundation.

FIND OUT MORE

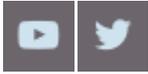


## **Launch of the Creative Ageing Development Agency (CADA) for England**

The Creative Ageing Development Agency for England (CADA) is now on twitter – please do follow their work.

FIND OUT MORE





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