

The Baring Foundation

Arts e-newsletter

25 February 2021

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This issue's highlights




New publication: Creatively Minded and Ethnically Diverse

Our research so far suggests that there are few diverse-led organisations specifically devoted to arts and health work and that ethnically diverse people are not well represented in the workforce. That is despite the fact that there are stark disparities in terms of prompt diagnosis and access to treatment for racialised communities.

In **our new publication**, practitioners with professional and/or personal experience of the field share reflections on the challenges and barriers faced by participants, workers and arts organisations in the field and suggest good practice when engaging creatively with people with mental health problems from ethnically diverse communities.

Applicants to our new fund below may find this a useful resource.

Photo: Lightpost Theatre Company, photo © Kris Askey

READ THE REPORT 

New funding available: Creativity, mental health and people from ethnically diverse backgrounds

We are launching a new fund for projects that promote the role of creativity in the lives of people with mental health problems from ethnically diverse backgrounds.


We are looking for projects that:

- find ways to attract participatory artists from ethnically diverse communities into this area of work and to support them. Examples might include shadowing, internships or apprenticeships, or mentoring or free training opportunities.
- undertake activity to offer creative opportunities to members of specific ethnically diverse communities who have mental health problems.
- or a combination of these approaches.

Grants of between £10,000 and £40,000 are available.

Detailed application guidelines are available on our website.

This funding round is part of new funding for racial justice work across the Foundation's programmes. **You can find out more about our plans in this blog by the Chair of our Trustees.**

FIND OUT MORE 

Report launch & funding Q&A

We will be holding two webinars in March – a double bill to introduce our new publication **Creatively Minded and Ethnically Diverse** (see above) alongside an opportunity to ask us questions about the new funding round.

These will take place on:

11 March 4pm to 5pm

23 March 2.30pm to 3.30pm

Please note that you can also contact us about this funding round by email on baring.foundation@ing.com

REGISTER FOR ONE OF THESE EVENTS



Arts and Mental Health: other news



STRENGTHENING BAME INCLUSION IN THE ARTS FOR HEALTH & WELLBEING

Event: Strengthening BAME inclusion in Arts for Health and Wellbeing

Join a roundtable discussion on **10 March 2.30-4.30pm** on the impact that race and ethnic diversity has on artists' and participants' engagement in the arts.

This roundtable will be the first of a series of three and is part of a new project led by Race Equality Foundation, HEAR Equality and Human Rights Network and Flourishing Lives towards developing a more inclusive arts and wellbeing scene across London. You can find out more about the project here **in their first newsletter**.

[MORE INFO AND TO REGISTER](#)

Grant-holder profile: Theatre for Life

Emerge is a collaborative film and theatre project between Theatre for Life and Southampton Children's Hospital, which uses shared storytelling and a style called Headphone Verbatim to reveal the truths behind hidden disabilities and mental health. **Emerge's** young actors have long-term health conditions and many have experienced even more isolation this year than before the pandemic.

Theatre for Life is one of 87 arts and mental health organisations awarded a grant in our first funding round in this new programme in September 2020.

[READ MORE](#)

Arts and Older People



Event: encouraging diverse engagement throughout the pandemic - Celebrating Age

The **Family Arts Campaign** are delighted to deliver a free Celebrating Age webinar on **9 March 2.30-4.30pm**, in partnership with Arts Council England.

This free session will explore how arts & cultural organisations have changed and adapted their approach to engage diverse ethnic groups during the COVID-19 pandemic.

This session will be hosted with the support of the AMA.

Photo: Elixir Extracts at Sadler's Wells. Photo © Ellie Kurttz, courtesy of Sadler's Wells.

BOOK A PLACE 



Moving Well: new creative movement workshops for older people

Moving Well is a new online learning resource from Moving Memory Dance Theatre of more than 50 films and over 20 worksheets which can be used by workshop leaders to plan participatory creative movement workshops.

Designed primarily for older peoples' groups (but can be done with all ages), Moving Well contains plenty of practical information together with a unique "pick'n'mix" of exercises, from which you can plan your workshop, taking whatever suits you and your group.

There is also an opportunity to join an online community with further training opportunities.

VISIT THE WEBSITE





A new website for Age Cymru's cARTrefu arts in care homes programme

Age Cymru has launched a new website for its very successful cARTrefu programme – the biggest arts in care homes programme in Europe and supported by the Foundation.

As well as other information about the programme, there are 45 creative activity sessions, covering visual arts, performing arts, words and music, and sensory activities – all designed to be done without expert knowledge or specialist equipment.

VISIT THE WEBSITE





Travel These Ways

Songs to sing at home

Travel These Ways: Songs to sing at home

Commissioned by Luminare's Dementia Inclusive Singing Network and supported by the Foundation and Life Changes Trust, this is a **collection of songs created for people living with dementia** to enjoy singing on their own or with family, friends or carers.

The collection includes two new songs written by award-winning musician Karine Polwart, and two medleys of well-known songs. Includes backing tracks, films to help singing leaders teach each song, music and lyrics.

TAKE A LISTEN 



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19/07/2021

Creatively Minded & Ethnically Diverse: new funding and report

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